Kenya Medical Association
An overview
Kenya Medical Association (KMA) is a professional body for medical and dental practitioners registered in Kenya. Its mandate was originally concentrated on welfare of doctors and operated largely as a members club. Over the years, the Association has grown in stature and scope into a high profile player and partner in many sectors of national development, at policy level as well as in operation of services directly and indirectly related to health. It now plays a significant role in educating the public and advocacy for quality health care services delivery. KMA is a voluntary membership organization. It is organized into sixteen (16) Divisions spread around the country.
History and objectives of KMA

Founded in 1968 and incorporated in 1973 under the Companies Act Cap 486 as a company limited by guarantee.

Its main objectives include the following:

- To promote the practice of medicine in Kenya
- To uphold high standards of medical ethics and conduct
- To advise the Government and the general public on matters related to health
- To promote the welfare of doctors
- To support Continuing Professional Development (CPD) through periodic publications, seminars and scientific conferences
Any registered medical practitioner in Kenya is eligible to join KMA.

KMA has approximately 1500 registered members of various specialties.

Annual subscription fee of Ksh. 5,000 is levied
KMA Mission, Vision, Values

- **Mission**
  To champion for doctor’s welfare and quality health care for the Kenyan public.

- **Vision**
  To be the gold standard on quality health care in Kenya.

- **Values**
  Empowerment of members
  Proactive on health matters
  Professionalism
  Outstanding corporate governance
KMA Strategic direction

- Strengthening and establishing internal systems and structures, including financial and human resources management; governance; monitoring & evaluation; and information communication & technology

- Strengthening its financial base through prudent financial management including by saving and investment of available funds towards self sustainability

- Enhancing the KMA corporate image and public relations through marketing to enable it influence action on its members’ concerns and national health

- Increasing Membership through product innovations including new activities of direct interest to members and public education

- Improving quality of health care services to the public
KMA Organisational Structure

National Governing Council

KMA Divisions Executive members (16)

National Executive Committee (5)

Committee Convenors (8)
The NGC is the decision making body which administers the affairs of KMA in accordance with the Association's Memorandum of Association and Articles.

Currently, the NGC of KMA meets quarterly.

Membership: NEC, NEC for Divisions and Convenors of Committees

Co-opted members: MSAKE, MoH, MPDB, KMPDU, MPs
KMA runs most of its activities through thematic standing committees some of which include:

- Awards Committee
- Reproductive Health
- HIV/AIDS and Human Rights
- Social Welfare & Responsibility
- East African Medical Journal (EAMJ) Publishers Ltd
- ICT and CPD
- Ethics, Standards and Research
- Managed Healthcare
- Public Health
The day-to-day running of KMA is vested under a National Executive Committee (NEC) which consists of

- Chairman
- Vice-Chairman,
- Secretary
- Assistant Secretary
- Treasurer

all elected biannually by the Association’s registered members
Professional qualifications:
- Executive MBA(EMBA)-2013
- COSECSA Fellowship – 2007
- Mmed Surgery – 1999
- MBChB – 1991

Working Experience
- April 2002 to date—— lecturer in the Department of Surgery, University of Nairobi.
- July 2001 to December 2001 Department of Surgery of the Aga-Khan hospital, Nairobi as a Locum Registrar.
- September 1999: District surgeon at Naivasha District Hospital
- April 1994 to September 1995: Tutor, School of Clinical Medicine, KMTC, Port-Reitz, Mombasa on second net.
- Other positions held include member of the Board of management of the NHIF, member of the Medical Practitioners and Dentists Board.
Dr Jacqueline Kitulu – Vice-chair

Professional Qualification
• MBA Healthcare Management –2014 on going
• MBChB University of Nairobi 1998
• Resuscitation Council of the UK (RCUK) Certified Instructor.

Work Experience
• General Practitioner in private practice for the last 11 years

Positions Held
• Vice Chair of National Resuscitation Council of Kenya
• Immediate past Chair of Kenya Medical Women’s Association
• Immediate past National Secretary of Kenya Association of Family Physicians
• Member of the National Economic and Social Council (NESC) 2008-2014
• Sits on the Kenya Redcross Finance Committee, Safaricom Health Advisory Board, Kenya Coordinating Mechanism for Global Fund and Excelsior Group Advisory Board
• Recipient of Organisation of Women in International Trade (OWIT) Woman of the year 2010 and Africa Most Outstanding Female Professional Award 2012 from Centre for Economic and Leadership Development
Professional Qualifications

- Certificate in Disaster Mental Health, Hyogo Institute of Traumatic Stress, 2006
- MBChB, Moi University, 2001
- Core Clerkship in Medical Informatics, Indiana University School of Medicine, Indianapolis, IN, 1999.

Work Experience

- 2012 to 2013 Senior Lecturer, Department of Mental Health, Moi University School of Medicine
- 2014 - Associate Professor of Psychiatry
- 2014- Dean, Moi University School of Medicine
Dr Supa Adika – Assistant Secretary

Professional qualifications
- 2011-MMed Pediatrics & Child Health, University of Nairobi
- 2003- MBChB University of Nairobi

Work Experience
- October 2014 to date: Medical Superintendent, Kangundo Level IV Hospital.
- 2011 to date: Consultant Paediatrician
Professional qualifications
- 2008: MMed Obstetrics and Gynaecology, University of Nairobi
- 2000: MBChB University of Nairobi
- 2000 – 2001: Medical Officer Internship (House Officer), Machakos General Hospital

Work Experience
- 2001 – 2007: Medical Officer, Ministry of Health
- 2007 – 2013: Obstetrician Gynaecologist, Medical Superintendent, Isiolo District Hospital
- 2013 – date: Obstetrician Gynaecologist at Muranga District Hospital and Hercules Healthcare
The KMA Secretariat is housed in the Association’s headquarters, situated within the city of Nairobi. The Secretariat is the “engine” of the organization and has 6 employees:-

- Chief Executive Officer
- Executive Assistant
- Accountant
- 2 Office assistants
- Project Officer (KMA-RHRA)
- Conference Coordinator (contract)
- Sales Executive (KMPL)
Dr Elizabeth Wala – CEO

Professional Qualifications
- MSc Infectious Diseases from the University of London (2011)
- Diploma in Pharmaceutical Medicine, Faculty of Pharmaceutical Medicine, Royal College of Physicians (2011)
- MBChB, University of Nairobi (2002)

Work Experience:
- 2014 – Healthcare policy and advocacy
- 2009-2014: Pharmaceutical Medicine (Medical Affairs)
- 2004-2009: Medical Research (HIV Vaccine trials)
- 2003/4: general medical practice (Ministry of Health)
KMA value addition to members

- Negotiates for improved remuneration for doctors and other healthcare workers
- Provides affordable housing to members through its Housing Co-operative Society
- Offers continuing professional development (CPD) through various publications, seminars and annual scientific conferences
- Offers loans to KMA SACCO members at low interest rates
KMA achievements (1)

- **KMA SACCO**
  This is a savings and credit co-operative society initiated by KMA. It has been instrumental in helping members and other doctors save and borrow at very affordable rates. Founded in 1998, the SACCO has grown in leaps and bounds and has a current asset base of Ksh.1,5b

- **KMA Housing Cooperative**
  A body established by KMA to enable members save for the purposes of acquiring shelter in urban areas at affordable rates, often below the prevailing market rates. It boasts of four completed housing estates and an ongoing fifth one.

- **East African Medical Journal (EAMJ) Publishing Limited**
  A company established with the express intention of leading in research, training and scientific publishing. It boasts of a flagship journal, the East African Medical Journal which has been in existence since 1923.
KMA Achievements (2)

- **Annual Scientific Conferences**
  KMA has successfully held annual Scientific Conference for the last 42 years. At these conferences presentations are made that have significant impact on policy directions especially in the Health sector in Kenya.

- **KMA Centre**
  Houses KMA offices as well as major professional medical associations and societies, government bodies, major pharmaceutical companies etc. The facility also comprises 78 apartments. The project has also given an opportunity to members to participate/invest by way of buying shares in the Kenya Medical Investment Company Ltd.
Daktari Online: Introduction

Vision:
To become Africa’s largest and most reliable medical information database centre for the medical professionals

Mission:
Providing diverse and relevant local medical information easily accessible through up-to-date reliable technologies
Kenya Medical Association
Promoting the Quality Practice of Medicine in Kenya

Call For Papers

43RD KMA ANNUAL SCIENTIFIC CONFERENCE & AGM

“TOWARDS AN EFFECTIVE E-HEALTH IN KENYA”

Date: 22nd - 25th April, 2015
Venue: The Noble Hotel, Eldoret Kenya

Pre-Conference Symposium 22nd April 2015:
Theme: “The Tele-Health Revolution”
Coordinating care can be challenging when people have to rely on paper and word of mouth to communicate. Technology offers a way of vastly improving that coordination between care-givers. It enables care to be provided in a different way, with the patient as the focus, rather than the system. A key element now is the ability through the Internet and mHealth, to engage directly with patients and their carers to provide a seamless support environment.

The pre-conference will consider some of the challenges raised by improving technology for integration such as concerns about data security and information.

Sub-themes include:
- Improving healthcare through telemedicine
- Telemedicine and telecare applications
- Assessment of services' readiness
- Translation of research into real improvement in the delivery of health and care
- Infrastructure for cost-effective telehealth and telecare delivery
- Overcoming Ethical, Legal and Security Challenges
- Transferability: Best Practices Examples of Telemedicine Working Across Regional and Country Borders
- Public Private Partnerships in Telehealth

Conference 23rd - 25th April 2015:
Theme: “Towards an effective e-Health in Kenya”
Sub-Themes:
1. E-Health
   a. Policy environment
   b. Health Management Systems for Africa
   c. e-Learning: Applications and Opportunities
   d. m-Health Applications: Turning hype into delivery
   e. Regional Best Practices
   f. Business Models for Effective Service Delivery
   g. Management Issues: Confidentiality, Security, Legal, Social Implications, Stakeholders Involved
2. Mental Health: In the patient and the healthcare provider
3. Sports Medicine: Caring for the active and athletic patient
4. Health Systems in the light of devolution
5. Double burden of disease: Communicable and Non-communicable diseases
6. Dynamic Health Care Policy Environment in Kenya
7. Beyond The Stethoscope Series - Financial management, Communication, ICT literacy, Media Relations

Submission of papers
Types of contributions:
- Full Papers – These include newly completed research results and have 8 pages at the maximum (5,000 words)
- Short Papers – Mostly work in progress reports or new developments. 4 pages at maximum (2,500 words)
- Reflection Papers – These might review existing research literature pertaining to a particular problem or approach, indicate what the findings suggest, and/or pose a suggestion – with rationale and justification – for a different approach or perspectives on that problem. May also analyse general trends/discuss important issues in topics related to the conference. 4 pages (2,500 words) maximum.
- Posters / Demonstrations – These contain implementation information or work in progress and have two pages at maximum (1,250 words) besides the poster itself (or demonstration) that will be exposed at the conference.
- Tutorials – Tutorials can be proposed by scholars or company representatives. Proposal(s) of maximum 250 words.
- Panels – Discussions on selected topics. A proposal of maximum 250 words is expected.
- Invited Talks – Contributions from well-known scholars and company representatives. An abstract will be included in the conference proceedings.
- Corporate Showcases & Exhibitions – The former enables Companies to present recent developments and applications. Inform a large and qualified audience of your future directions and showcase products and services. There will be a time slot for companies to make their presentation in a room. The latter enables companies to display its latest offerings of hardware, software, tools, services and books, through an exhibit booth.

Important Dates:
- Submission Deadline: 27th February 2015
- Notification to Authors: 13th March 2015
- Conference: 22nd to 25th April 2015
- Pre - Conference: 22nd April 2015

Email: conference@kma.co.ke
KMA Center
KMA and partners

The association partners with major professional organizations within and without the country to champion quality and accessible healthcare. Some of the partnerships, past and present include:

- MPDB (Medical Practitioners and Dentists Board)
- Ministry of Health
- Universities with medical schools
- East African countries medical associations
- WMA (World Medical Association)
- KHF (Kenya Healthcare Federation)
- TI (Transparency International)
- NCD Alliance Kenya (Non-Communicable Diseases)
- APSEA (Association of Professional Societies of East Africa)
- KMPDU (Kenya Medical Practitioners and Dentists’ Union)
- MSAKE (Medical Students Association of Kenya)
# Examples of KMA partnerships

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<thead>
<tr>
<th>Name of project</th>
<th>Stakeholders</th>
<th>Brief</th>
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<tbody>
<tr>
<td>KMA Mba Cancer Campaign</td>
<td>KMA, Brand Magnets, sponsors</td>
<td>Keeping the cancer conversation going throughout the year.</td>
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<tr>
<td>KMA - KDPA dairy campaign</td>
<td>KDPA, Zuri Creative, KMA</td>
<td>Media campaign for dairy consumption</td>
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<tr>
<td>KMA-SBS partnership</td>
<td>KMA, SBS</td>
<td>Strategic plan review, EAMU revamping, Policy sessions</td>
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<tr>
<td>Healthy Lifestyles Program</td>
<td>KMA, Michezo Ihezwe, NMG</td>
<td>Lifestyle Intervention program</td>
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<td>KMA-AMREF Flying Doctors partnership</td>
<td>KMA, AMREF Flying Doctors</td>
<td>Partnership on Flying Doctors program</td>
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<tr>
<td>Smoke-free workplaces workshop</td>
<td>KMA, AWATC</td>
<td>Smoke free workplaces</td>
</tr>
<tr>
<td>KMA – Red Cross partnership</td>
<td>KMA, KRC</td>
<td>To share existing competencies and build capacity for effective disaster and emergency management in the country</td>
</tr>
<tr>
<td>KMA-KUBICO</td>
<td>KMA, KUBICO</td>
<td>Awareness on GMOs</td>
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<tr>
<td>KMA Apollo Hospitals</td>
<td>KMA, Apollo Hospitals</td>
<td>Skills training</td>
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<td>EMR</td>
<td>KMA, TECHI</td>
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<tr>
<td>KMA-MSAKE Collaboration</td>
<td>KMA, MSAKE</td>
<td>Strengthen partnerships Partnership by providing our members</td>
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<tr>
<td>KMA V3O partnership</td>
<td>KMA, V3O</td>
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KMA Contacts

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Twitter: @KenyaMedics_KMA

Facebook: https://www.facebook.com/KenyaMedicalAssociation
Thank you!