

INTEGRATED
HEALTHCARE
REGULATION
AND
LEADERSHIP
IN BUILDING
RESILIENT
HEALTH
SYSTEMS

RULES OF ENGAGEMENT

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OBJECTIVES OF THE WORKSHOP

Healthy Leadership Framework



How I am (being)

Actively engage with opportunities to understand and enhance positive mental and physical health for self and others, sharing own experience, being authentic.



What I do (doing)

Actively support and empower others to manage work and how it's done.



What we do together (enabling)

Actively empower an inclusive healthy wellness culture that mutually enables us all to bring our whole selves to work.

Respectful Communication:

All participants should engage in discussions with respect and professionalism. Listen actively and allow others to express their viewpoints without interruption.

Constructive Feedback:

When providing feedback or critiques, focus on constructive suggestions that foster improvement and learning. Avoid personal attacks or negative comments.

Participation and Collaboration:

Everyone is encouraged to actively participate in discussions, workshops, and group activities.

Collaboration is key to sharing knowledge and insights.

Time Management:

Be mindful of time during discussions and presentations. Allow each speaker their allotted time and adhere to schedules to ensure all topics are covered.

Confidentiality and Privacy:

Respect the confidentiality of discussions held during the workshop. Do not share sensitive information outside the workshop setting without permission..

Open-mindedness:

Approach the workshop with an open mind. Be willing to consider new ideas, perspectives, and practices that may differ from your own.

No Discrimination or Harassment:

The workshop promotes a safe and inclusive space for all attendees. Discrimination or harassment of any kind will not be tolerated.

Use of Technology:

Use electronic devices respectfully. Mute phones and refrain from using devices during sessions unless necessary for participation.

Seek Clarification:

If you have questions or need clarification on any topic, do not hesitate to ask. Engaging in dialogue is encouraged.

Actionable Takeaways:

At the end of each session, reflect on the lessons learned and consider how to apply these insights in your work and organisation.