



Re-imagining health regulation – Towards adaptive, compassionate, and data driven systems that serve both practitioners and patient

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PRESENTATION OUTLINE

- Why should we re-imagine health regulation?
- Three pillars of the re-imagined regulation
 - Adaptability
 - Compassion
 - Data-Driven
- Regulation in the EAC reciprocal recognition model
- Call to Action



Why should we re-imagine health regulation?



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Re-Imagining Health regulation

- **Rapid Innovation** – Technology like AI and telemedicine is outpacing outdated regulatory models.
- **Health Workforce Crisis** – Migration, burnout, and shortages demand flexible, supportive regulation.
- **Patient Expectations** – People want dignified, transparent, and responsive care systems.
- **System Resilience** – Adaptive regulation helps systems respond to shocks like pandemics.

Re-Imagining Health regulation

- **Reduced Harm** – Compassionate oversight lowers fear, improves practitioner behavior, and promotes healing.
- **Evidence-Based Oversight** – Data enables smarter decisions, risk targeting, and policy reform.
- **Regional Integration** – In the EAC, harmonized data and mutual recognition need adaptive governance.
- **Trust & Accountability** – Compassion and transparency build public and practitioner trust in regulators.



Pillar 1 of Reimagined Health
Regulation: **ADAPTABILITY**



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ADAPTIVITY

- Risk-based regulation – Prioritize high risk regulation areas
- Future-proof laws that anticipate
- Pace of innovation & technology advancement
- Knowledgeable citizenry
- Crisis readiness
- Generational changes & Human Resource for Health Management



Pillar 2 of Reimagined Health
Regulation: **COMPASSION**



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COMPASSION

- Shift from punitive to supportive culture
- Support for distressed practitioners
- Respect for patient dignity
- Empathy vs Authority
- Hand holding style of regulation



Pillar 3 of Reimagined Health Regulation: **DATA-DRIVEN**



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DATA DRIVEN

- Real-time workforce data
- E-licensing and biometric systems
- Regional data interoperability
- Outcome-based monitoring
- Data informing adaptability and compassion regulation modalities



Regulation in the EAC reciprocal recognition model



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ADAPTABILITY

- **Flexible Licensing for Cross-Border Practice**
 - Regulators must adapt licensing systems to allow real-time recognition and mobility of qualified health professionals across EAC states.
- **Agile Laws to Support Innovation**
 - National legal frameworks should permit task-shifting, digital health, and evolving scopes of practice while aligning with EAC protocols.
- **Emergency Response Mechanisms**
 - Adaptive regulation allows rapid deployment of practitioners across borders during crises (e.g., epidemics), under temporary reciprocal licensing.

COMPASSION

- **Practitioner-Centric Complaint Systems**
 - A re-imagined framework should support peer review, mediation, and rehabilitative approaches rather than punitive-only models.
- **Protection of Patient Dignity Across Borders**
 - Uniform ethical standards across EAC ensure patients are treated with respect and care, regardless of jurisdiction.
- **Support Systems for Migrant Practitioners**
 - Compassionate regulation ensures fair treatment, psychosocial support, and inclusion for health workers relocating within the region.

DATA-DRIVEN

- **Regional Workforce Intelligence**
 - A harmonized, real-time health workforce registry across EAC enables efficient verification, deployment, and planning.
- **Evidence-Based Policy Reform**
 - Regulatory decisions (e.g., disciplinary trends, shortages, licensing gaps) should be informed by shared cross-country data analytics.
- **Development of a online database**
 - EAC Medical and Dental Councils are in the process of developing a platform where the EAC registrars can easily share and access practitioners' data

DATA-DRIVEN

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CALL TO ACTION

- Review legislation to allow for adaptability
- Compassionate complaints handling – but firm
- Invest in data systems to inform regulatory decision making
- Consistently engage practitioners and patients as stakeholders

EAST AFRICAN COMMUNITY



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REGULATOR 2.0
THE BALANCED APPROACH



"A health system is only as strong as its regulators—and only as trusted as its compassion."